



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course TC 10K
Certificate number BC-2024-057-BDC Distance 10 km Race date Apr 27/2025
City Victoria Province BC
Race contact name Mariah Kelly Race contact email racedirector@runsport.ca

Course Information

Start elevation 8 m Finish elevation 6 m
Elevation change (m/km) -0.20 Percent separation 2.99

Measurer Information

Measurer name Gary Duncan
Measurement date July 6/2024 Expiry date Dec 31/2034

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course which results in a course that is less than the stated distance, this certification becomes void, and the course must then be re-certified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Signature of certifier

Apr 1/2025

Date

Any inquiries regarding this certificate should be directed to coursemeasurement@athletics.ca





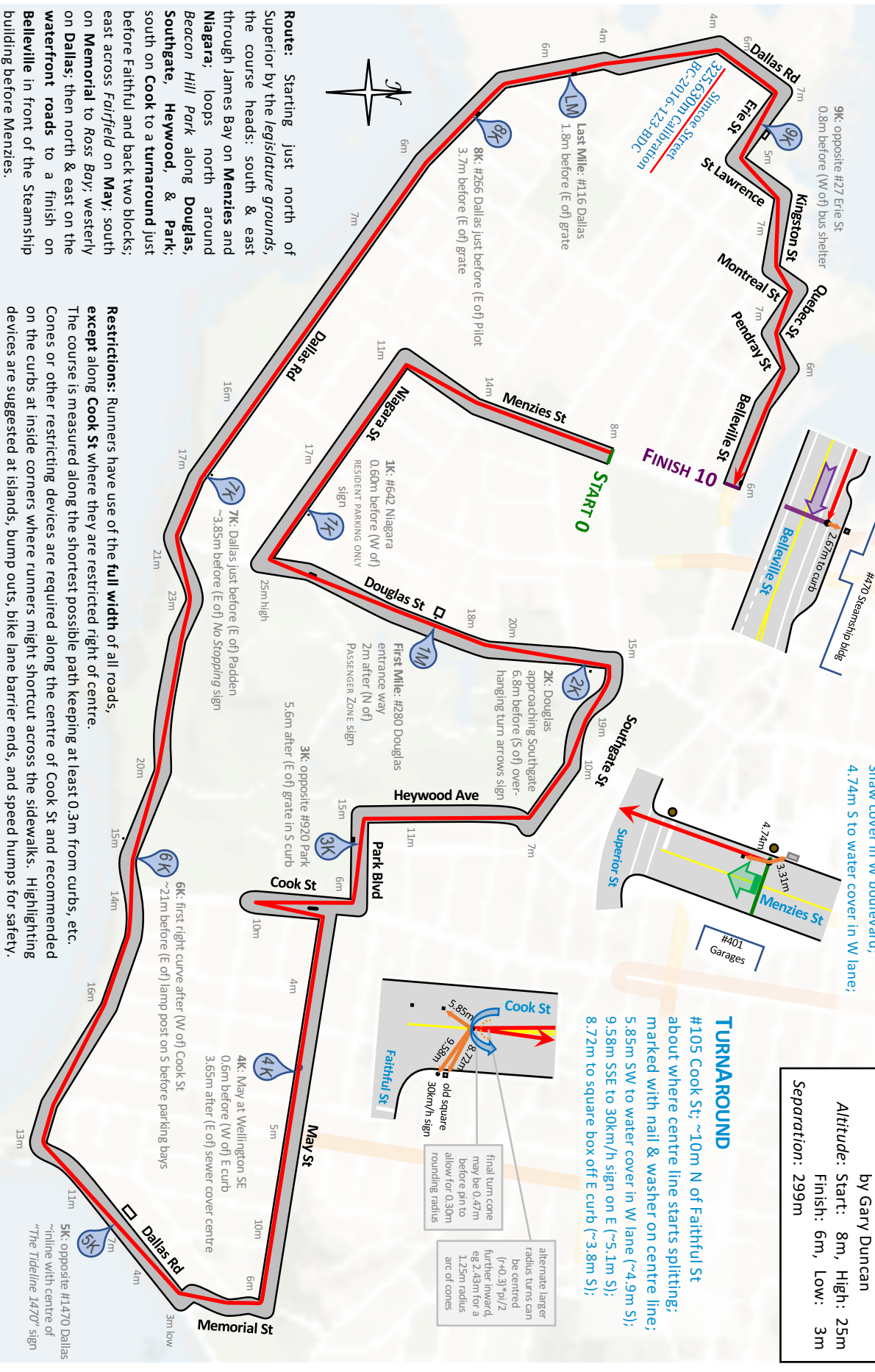
FINISH
#470 Belleville St;
aligned with lamp post
front of Steamship bldg;
worked with nail & washer
2.67m from N curb;

START

Menzies St aligned with 2nd utility pole N of Superior St on W opposite #401 heritage garages; marked with nail & washer 1.5m from W curb; 3.31m NNW to inside rim corner of large Shaw cover in W boulevard; 4.74m S to water cover in W lane;

TC10K 2025
Victoria BC

Measured: 2024 July 6
by Gary Duncan
Altitude: Start: 8m, High: 25m
Finish: 6m, Low: 3m
Separation: 299m



Route: Starting just north of Superior by the *legislature grounds*, the course heads: south & east through James Bay on *Menzies* and *Niagara*; loops north around *Beacon Hill Park* along *Douglas*; *Southgate*, *Heywood*, & *Park*; south on *Cook* to a turnaround just before *Faithful* and back two blocks; east across *Fairfield* on *May*; south on *Memorial* to *Ross Bay*; westerly on *Dallas*; then north & east on the *waterfront roads* to a finish on *Bellefleur* in front of the *Steamship* building before *Menzies*.

Restrictions: Runners have use of the **full width** of all roads, except along **Cook St** where they are restricted right of centre

The course is measured along the shortest possible path keeping at least 0.3m from curbs, etc. Cones or other restricting devices are required along the centre of Cook St and recommended on the curbs at inside corners where runners might shortcut across the sidewalks. Highlighting devices are suggested at islands, bump outs, bike lane barrier ends, and speed humps for safety.