



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course _____
Certificate number _____ Distance _____ Race date _____
City _____ Province _____
Race contact name _____ Race contact email _____

Course Information

Start elevation _____ Finish elevation _____
Elevation change _____ Percent separation _____

Measurer Information

Measurer name _____
Measurement date _____ Expiry date _____

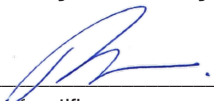
Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

 Paul T.B. Adams
Signature of certifier _____ Date _____

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca



Athletics Canada Certified
SK-2024-011-PTBA
Certification Expires 2033-12-31



Regina Royal Road Race 5km Loop



Turn around point is 7.02m up from the end of the solid yellow dividing line in the middle of the road just before the road curves. Cones will be placed in the middle of the road along this out and back section to keep the runners to their right on the course.



Path measured for turn around point



Runners follow the course in a counterclockwise direction. On sections of the course where runners do not have full use of the road, for example, sections with two-way traffic, runners will be divided by orange cones placed in the middle of the road and runners will stay to their right side.



NORTH

Start/finish line is in the parking lot south of the RCMP Drill Hall, the start/finish is in line with the first yellow parking line south-west of the crosswalk ramp, in line with the tall light post. A nail is placed in the ground at the end of the yellow parking line on the drill hall side.

