



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course _____

Certificate number _____ Distance _____ Race date _____

City _____ Province _____

Race contact name _____ Race contact email _____

Course Information

Start elevation _____ Finish elevation _____

Elevation change (m/km) _____ Percent separation _____

Measurer Information

Measurer name _____

Measurement date _____ Expiry date _____

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course which results in a course that is less than the stated distance, this certification becomes void, and the course must then be re-certified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Signature of certifier

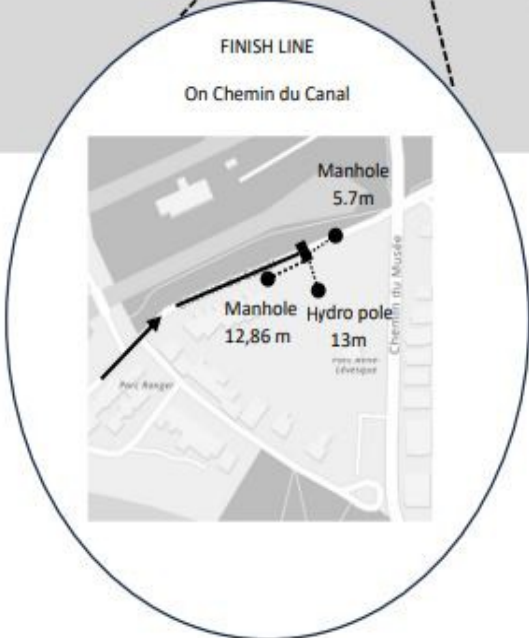
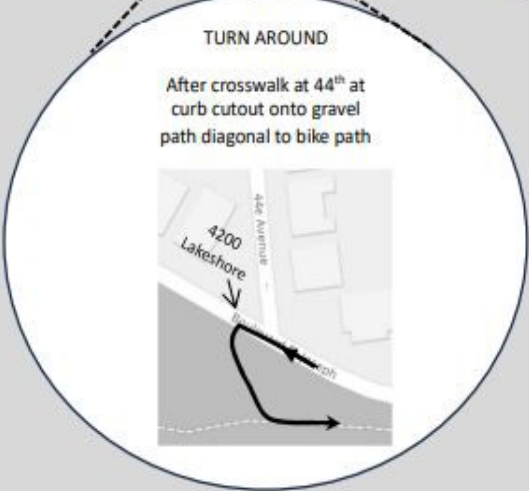
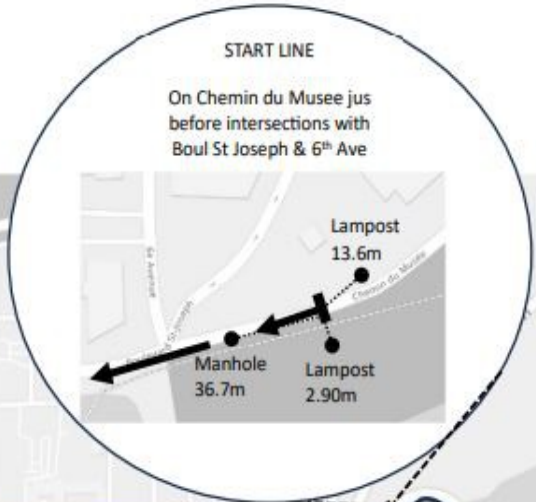
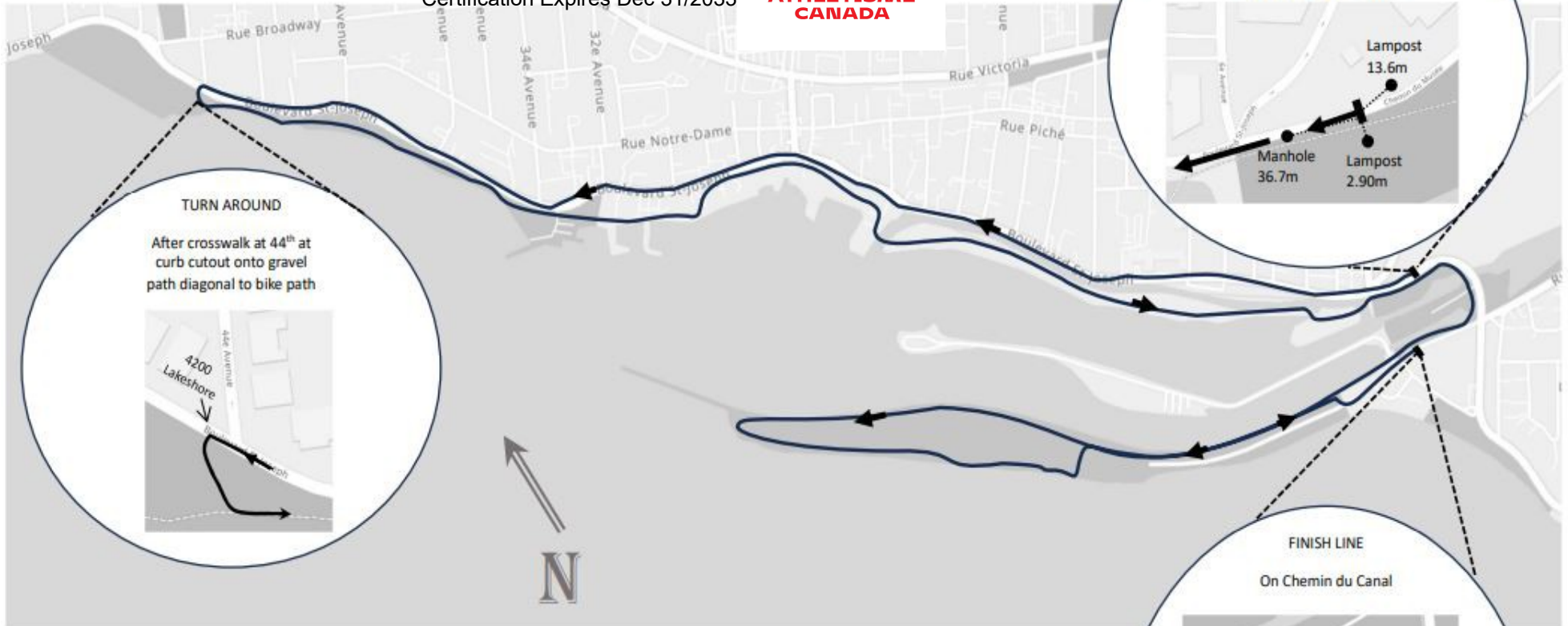
Date

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca



Demi Marathon Lachine 10k

Athletics Canada Certified
QC-2024-028-BDC
Certification Expires Dec 31/2033



Notes:

Measured by Mark McGowan and Christine Bush

July 29, 2024

This is a loop course run primarily on paved surface with 50 meters at turnaround on gravel.

Westbound is run on the south side of a two way road with cones down the center leaving the north half of Boul. Saint Joseph for emergency vehicle traffic only.

Eastbound is run on bicycle path (not pedestrian path).

Before entry gates of Parc Rene Levesque eastbound before finish line bike path is used in two directions