ATHLETICS CANADA ROAD RACE MEASUREMENT CERTIFICATE

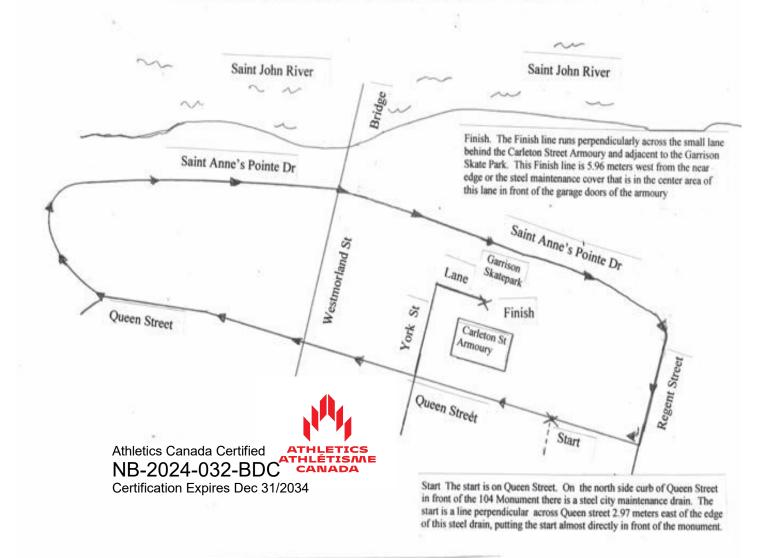
Race Information

Name of the course		
Certificate number	Distance	Race date
City	Province	
Race contact name	Race contact	temail
Course Information		
Start elevation	Finish elevati	ion
Elevation change (m/km)	Percent sepa	aration
Measurer Information		
Measurername		
Measurement date	Expirydate _	
Official Notice		
Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council . If any changes are made to the course which results in a course that is less than the stated distance, this certification becomes void, and the course must then be re-certified.		
Validation of Course		
In the event a National Open Record is set on this course, or at the discretion of Athletics Canada , a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.		
As Nationally Certified by Servard orway		
Signature of certifier		Date

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca



Fredericton Road Race Label 5K



Course Description

This 5Km race takes place in downtown Fredericton along the Saint John River waterfront. It is a flat Two Loop Course. The race starts on Queen Street just west of the Regent St. intersection in front of the 101st monument. Traffic is closed and runners have access to the complete width of the roads. They start and proceed west on Queen Street and at the end of Queen they veer right onto the on-ramp lane that takes them onto Saint Anne's Pointe Dr where they proceed to the intersection of Regent Street. They turn right onto Regent and then right again onto Queen Street where they pass the start line again and do a second loop of the course. After they pass the start line for the second time they proceed to York St where they turn right onto York and run a short distance and then turn right onto the short lane that is behind the Carleton Street Armoury and adjacent to the Garrison Skate park. The finish line is towards the end of this short lane.

Details of the Measurements

The Fredericton 5K road race is a two loop course in the riverfront area of downtown Fredericton. It is a flat course.

Two complete loops are run in a clockwise direction with a finishing tail added after the second loop to set the exact finish distance.