

INTERNATIONAL MEASUREMENT CERTIFICATE

Name of Race		Distance
Location		Country
Date of Race	Date of Measurement	Elevation Change
Separation % of race distance		
Name(s) of the measurer(s)		World Athletics – AIMS Grade
Country	Certificate Number	Expiry Date
International Measurement Administrator		Registered On
Signed Bernar onway		In cooperation with
This certificate certificate certifies that the length of the above road race has been established by an accred with a "Jones Counter". It remains valid for 5 years subject to the course defined in the full measurememnt re however minimal, will nullify this Certificate and require a new measurement to be undertaken. Possesion of the	port submitted by the measurer being unchanged in any way. Any modifications to the course,	AIMS The home of world running" Association of International Marathons and Distance Races



Course Description

This 5Km race takes place in downtown Fredericton along the Saint John River waterfront. It is a flat **Two Loop** Course. The race starts on Queen Street just west of the Regent St. intersection in front of the 101st monument. Traffic is closed and runners have access to the complete width of the roads. They start and proceed west on Queen Street and at the end of Queen they veer right onto the on-ramp lane that takes them onto Saint Anne's Pointe Dr where they proceed to the intersection of Regent Street. They turn right onto Regent and then right again onto Queen Street where they pass the start line again and do a second loop of the course. After they pass the start line for the second time they proceed to York St where they turn right onto York and run a short distance and then turn right onto the short lane that is behind the Carleton Street Armoury and adjacent to the Garrison Skate park. The finish line is towards the end of this short lane.

Details of the Measurements

The Fredericton 5K road race is a two loop course in the riverfront area of downtown Fredericton. It is a flat course.

Two complete loops are run in a clockwise direction with a finishing tail added after the second loop to set the exact finish distance.