

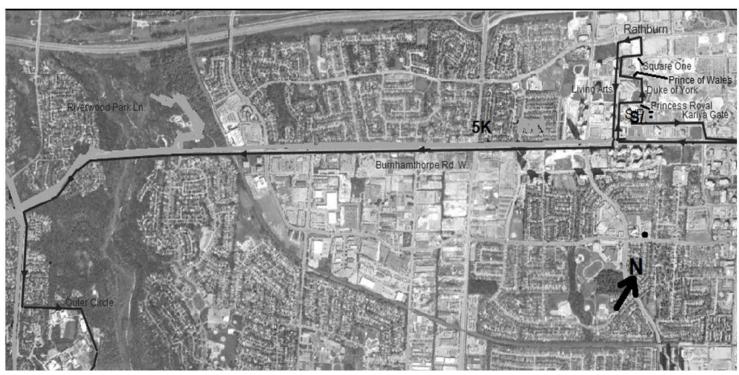
INTERNATIONAL MEASUREMENT CERTIFICATE

Name of Race		Distance
Location		Country
Date of Race	Date of Measurement	Elevation Change
Separation % of race distance		
Name(s) of the measurer(s)		World Athletics – AIMS Grade
Country	Certificate Number	Expiry Date
International Measurement Administrator		Registered On

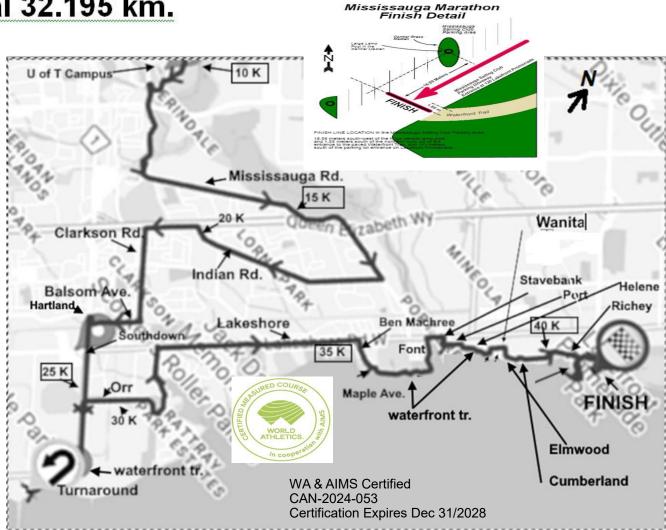
In cooperation with



The First 10 km







Start - on City Center Drive - in front of the Mississauga Civic Centre, in line with the Centre's roof peak - go east on City Center Dr. using entire road to

Kariya Gate and turn right (south) southright using entire road but but going to the left of the median to

Burnhamthorpe Rd. West – turn left in to westbound lanes, using all lanes EXCEPT for the westbound curb lane beside the median to the

Turnaround - located about 25 metres west of Hurontario Rd. -go around the turnaround in to the lane beside the median and continue in this lane on Burnhamthorpe Rd. West and when past Kariya Gate gradually moving in to south curb lane to

Living Arts Dr. - then turn right on to northbound curb lane to

Princess Royal Dr. – turn right (east) on to eastbound lane and at the end of the median bear left to

Duke of York Blvd. - turn left (north) in to southbound curb lane to

Prince of Wales Dr. - and turn left (west) and use entire road to

Living Arts. Dr. - and turn right in to northbound curb lane to

Square One Dr. - turn east and go north side of island to

Duke of York Blvd .- turn left in to southbound curb lane to

Rathburn Rd. W. - turn left in to eastbound curb lane to

Living Arts. Dr. - and take the tangent to the southbound curb lane to

Burnhamthorpe Rd. W. – and cross to the median westbound lane and go to

Mississauga Road - turn left in to the northbound lane and go to

Outer Circle – turn left and use the entire road continuing on Outer Circle around the University of Toronto Mississauga campus to

The College Way – turn left and use entire road to go south and then west and north but going to the west of the median into northbound turning lane on to

Mississauga Rd. - and turn south in to the northbound lane to

Dundas St. W. – and cross Dundas staying on the east side into the bicycle lane and continue south, then east in that same lane to

the hydro pole just north of Shenandoah

Shenandoah Dr. - then cross over the road to the hydro pole on the south side of Shenandoah and continue south in that lane to

Indian Road - and turn right togo west in the west bound curb lane to

S. Sheridan Way - go west in the westbound lane to

Clarkson Rd. North - turn in to the southound lane togo to

Balsam Ave. - turn right in to the eastbound lane staying 9 feet from the inside and continue in the lane to

Hartland Dr. - turn west in to the very brief eastbound curb lane to

Southdown Rd. – turn south in to the northbound curb lane and continue south to

Lushes Ave at which you shift left on to the asphalt trail and continue south which runs in the right side of the divided trail to the

Turnaround (on Asphalt in Centre of trail) – just beside a very large tree, which is at a few metres from a very sharp turn in the trail. A large red painted "T" marks the exact point on the asphalt where the runners are to reverse direction by turning counter clockwise around and returning east where it continues north to

Orr Rd. - and turn right (east) in to the 9 feet, curb lane to

Meadow Wood Rd. - to left (north) in to the 9 feet north bound lane to

Lakeshore Rd. W. – and turn right (east) on to curb lane and continue east to

Ben Macree Dr. - turn right(south) and use the entire road to

Maple Ave. S. and turn right (south) and on to the

Waterfront Trail and go east then north to

Front St. S. - turn right (east) on to curb lane to

Stavebank Rd. S. and turn right in to the south bound 9 feet lane & go to

Port St. E. - and turn east in to the curb and continue in eastbound curb lane to

Helene St. S. - and then go south and go straight on the entrance of the

Waterfront Trail - and go east and exit on to

Elmwood Ave. S. - and go north using entire road to

Wanita Rd. - and turn east and go east in the curb lane to

Cumberland Dr. - and go south, then east using entire rd. to the

Waterfront Trail – and go northwards on Trail, crossing Endola Ave. to

Richley Cres. - and go east using entire road to the

Bridge - and go over the Cooksville Creek bridge continuing on the

Waterfront Trail (just before Hampton Crescent) and turning right, and then right again continuing the perimeter of RK McMillan Park (counterclockwise) returing to the Trail and turning right (east) and going east which goes clockwise around Lakefront Promenade Beach and turning right at the first break in the asphalt rd. entrance in to the large

Reel Rush Fishing Charters Charter parking lot and going straight to the

Finish Line.