

**WORLD  
ATHLETICS™**

# INTERNATIONAL MEASUREMENT CERTIFICATE

Name of Race

Distance

Location

Country

Date of Race

Date of Measurement

Elevation Change

Separation

% of race distance

Name(s) of the measurer(s)

World Athletics – AIMS Grade

Country

Certificate Number

Expiry Date

International Measurement Administrator

Registered On

Signed

In cooperation with

This certificate certifies that the length of the above road race has been established by an accredited World Athletics – AIMS Grade A or B measurer employing the method of a bicycle calibrated with a "Jones Counter". It remains valid for 5 years subject to the course defined in the full measurement report submitted by the measurer being unchanged in any way. Any modifications to the course, however minimal, will nullify this Certificate and require a new measurement to be undertaken. Possession of this certificate does not indicate any sanction of the race by World Athletics or membership of AIMS.





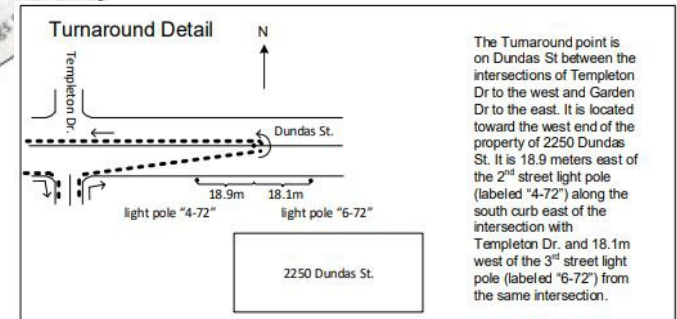
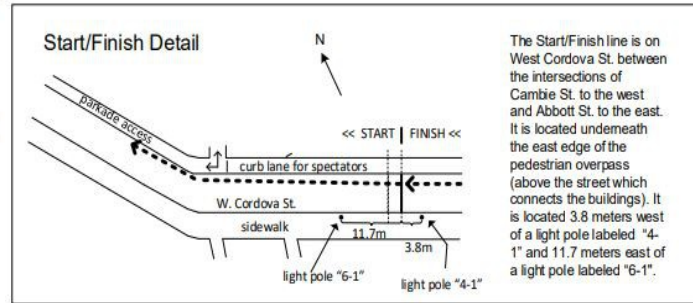
# Vancouver Eastside 10K



WA & AIMS Certified  
**CAN-2023-147a**  
Certification Expires Dec 31/2027

## Lane restrictions:

- Start line - North curb lane from the start line to Cambie St. closed to runners
- Columbia St. between Powell St. and Alexander St. - Runners restricted to southbound lanes
- Alexander St. between Columbia St. and Main St. - runners limited in both directions to the westbound traffic lanes
- Alexander St. between Jackson Ave. and Heatley Ave. - coned on the center line to restrict westbound runners to westbound lanes
- Powell between Cordova Diversion and Turnaround - coned on the centre line to restrict eastbound and westbound runners to their respective side of the street
- Templeton Dr. between Dundas St. and Pandora St. - coned on the centre line to restrict southbound and northbound runners to their respective side of the street



## Notes:

- The course was measured on the road using the shortest possible tangents, while adhering to the 30 cm curbside rule
- The certification is not valid if the course is not set out in accordance with this map.
- Map and detail areas not drawn to scale.
- Measured by Geoffrey Buttner, Grade "B" Measurer

## Route:

Start/Finish are the same point on West Cordova St just north of the Woodward's building. Head west on W. Cordova, turn right on to Water, continue on Alexander to Gore. Then right on Gore, left on East Cordova, left on Princess, left on Powell, right on Dunleavy, and right on Alexander. Turn right on Heatley, left on Powell, right on Hawks, and left on Cordova Diversion. Merge on to Powell St overpass to continue east. Powell is renamed to Dundas at Semlin intersection. Continue on Dundas to Templeton. Right on Templeton, left on Franklin, left on Nanaimo, left on Pandora, right on Dundas to the turnaround. Turn 180 degrees counter-clockwise around this point, returning westbound on Dundas/Powell. Then right on Hawks and continuing left on to Alexander. Right at Jackson and left on Railway. Cross intersection with Gore and right on Alexander. Then left on Columbia, right on Powell, and left on West Cordova to finish line.

