



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course _____

Certificate number _____ Distance _____ Race date _____

City _____ Province _____

Race contact name _____ Race contact email _____

Course Information

Start elevation _____ Finish elevation _____

Elevation change (m/km) _____ Percent separation _____

Measurer Information

Measurer name _____

Measurement date _____ Expiry date _____

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course which results in a course that is less than the stated distance, this certification becomes void, and the course must then be re-certified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Signature of certifier

Date

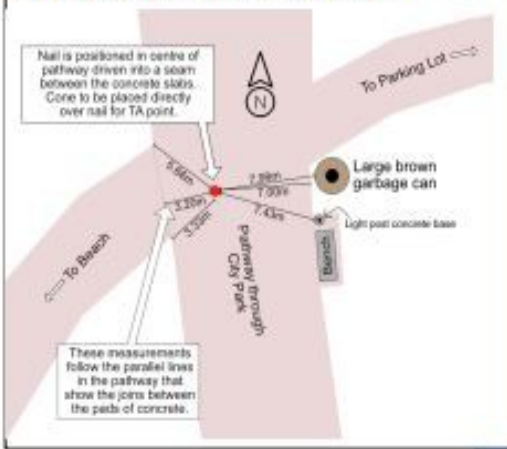
Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca



KM 4 - Turnaround Point: City Park
GPS: 49.883997N 119.504063W. 345m ASL

The turnaround point is marked with nail in the middle of the pathway where a cone will be placed.

1. GC - Large brown garbage can (GC) is on East side of path and NE of turnaround point (TA). Nail at TA to nearest edge of base of garbage can is 7.99m.
2. BP - Concrete path to beach (BP) is West of TA and on west side of main pathway. The SW intersection corner is 3.33m to the nail at TA. The NW intersection corner is 5.66m to nail at TA.
3. LP - Black metal light pole (LP) is on East side of path just South of nail at TA and between bench and large brown garbage can. Nearest edge of concrete base of light pole is 7.43m to nail at TA.



Midsummer 8k Course Certification Map

Prepared by Joshua Wyatt on 20th May 2024

General Points of Note:

1. Roadways will not be closed during this event.
2. This is an out and back course and runners will be running along the west side of the road in both directions.
3. The majority of the course runs along a defined cycle lane so this will constitute the majority of the route.
4. Where cycle lanes are not defined, runners will keep to the west side of the road, with cones to define the pathway where necessary. The areas where this is required are defined on the map along with positioning of the cones.

Bridge over Mill Creek
 Small bridge is a potential busy area for runners. Marshall and extra signage to warn other pathway users.

KM3 / KM5
 49.878013N 119.497011W
 345m ASL
 Marked by nail in pathway w/ red paint

Abbott St. by Strathcona Park
 Water station on west side of pathway at 2.5km

Abbott St. and Christleton Ave.
 Roadway narrows significantly but there is a designated cycle lane. Runners to stay in the cycle lane on the west side of the road.

KM2 / KM6
 49.870020N 119.494903W
 346m ASL
 Marked by nail in road w/ red paint

Abbott St. and Wardlaw
 Wide bend. Cones required to keep runners in designated bike path on west side of roadway and out of traffic lane.

Start/Finish: Gyro Beach (3400 Lakeshore Road)
GPS: 49.854142°N, 119.490309°W. 348m
 Start/Finish line spans the main pathway through Gyro beach. It is marked by nails on either side of the pathway:

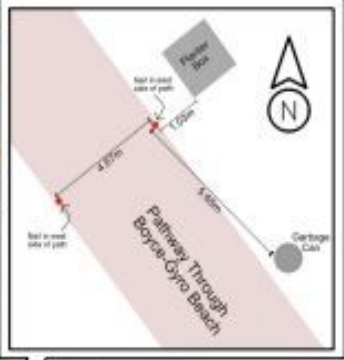
1. PB - SW corner of the most southerly of 3 concrete tree planter boxes. Planter box is 1.5m W x 1.5m L x 0.2m H. Distance from SW corner of box to nail on east side of path at start/finish line is 1.03m.
2. The distance between the west and east nails in path at start/finish line is 4.67m.
3. GC - Black metal garbage can holder is 5.65m south of the nail on east side of path at the start/finish line. The garbage can is 0.6m OD and 0.9m HT.

KM1 / KM7
 49.862127N 119.494208W
 349m ASL
 Marked by nail in path w/ red paint

Pandosy Waterfront Park
 Runners transition from the roadway onto the pedestrian pathway in the park. On the far side they transition back onto the cycle path on Abbott Street.

Walnut Street and Meikle Ave.
 Runners continue straight into parking lot of Pandosy Waterfront Park.

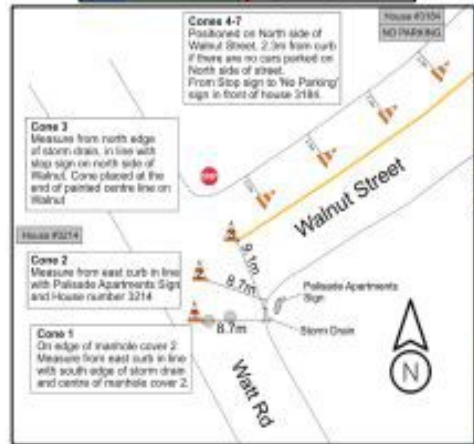
Walt Rd. and Walnut Street.
 Cones required to keep runners to West and then North side of roadway at bend.



Map page 1 of 2



Athletics Canada Certified
BC-2024-014-BDC
 Certification Expires Dec 31/233



Measured by David Guss, Grade C measurer and Paul Adams, Grade A measurer on May 19, 2024

The race course is on the paved paths and roads from Boyce-Gyro Beach Park to a turnaround point in Kelowna City Park and returns on same route. The start line is marked with masonry nail in 30mm steel washer on west edge and nail in 20mm washer on east edge of paved walkway beside the main beach in the south area of Boyce-Gyro Park. The path is 4.7m wide at start line. The west nail is aligned with the South edge of the southern most of 3 concrete tree planter boxes which are positioned along the east side of the walkway. This is also the finish line for the race route. The nails are painted red.

From the start line, the race route follows the Beach Park walkway north (parallel to the sand beach) to the north exit of the park and continues north on Watt Road. At about 0.6 km mark, staying on the west side of the road, turn right onto Walnut Street. In bike lane on west side of Walnut St, follow road to south entrance of Pandosy Beach Park. Continue on diagonal path north through the park and exit north end of park onto curbed bike path on west side of Abbott Street. The 1km mark is on path in Pandosy Beach Park. Continue north in the dedicated bike path on west side of Abbott Street all the way to Lake Ave. The 2km mark is in bike lane on west edge of cross walk at Francis Ave. The 3km mark is on bike path just south of Park Ave. At Lake Ave turn left and continue west to end of Lake Road and enter Dog Beach Park which turns into a paved path through this park. Continue on this path through the park up and over the pedestrian bridge over Mill Stream. From this bridge, follow path north through tunnel under Hwy 97 (Harvey Ave) into Kelowna City Park. After exiting the north end of the tunnel, continue straight and head north on pathway. Follow this path to the turnaround point, which is just at the access road to the beach and adjacent to playground to the east of pathway. There is a nail (painted red) in joint in the middle of the path marking the turnaround point. The nail is 3.20m from the west side of path and 7.00m from the east side of path. Turn left (counter clockwise) around the traffic cone at turnaround point and follow same route back to the finish line (which is also the start line).

The runners will have full use of the bike path which is delineated with white lines, curbs and concrete barriers on west side of the roads. Where there is no line or barrier to define a bike lane on road at a right-hand turn (while traveling north), traffic cones will be placed on inside corner of the bike lane to define the race route. This will be done at the following right turn (while heading north): Watt Road and Walnut Street. Normally cars are parked on the north side of Walnut street from the stop sign at Watt Road to the no parking sign in front of house #3184 Walnut Street so the runners will run on the road beside these cars. If there are no cars parked here, then traffic cones will be placed 2.3m from the curb where are the cars would normally be parked to define the path for the runners around this corner. The Runners will have full use of the bike and walking pathways used for the race route. The course was measured using the shortest tangents on the roads and pathways (shortest possible route or SPR).

Distance to Reference Objects

Note, distance measurements to objects is from the center of the nail to the nearest edge of the object, unless otherwise noted.

1. START: PB – SW corner of the most southernly of 3 concrete tree planter boxes. Planter box is 1.5m W x 1.5m L x 0.2m H. Distance from SW corner of box to nail on east side of path at start / finish line is 1.03m.
2. START: The distance between the west and east nails on either side of pathway at start/finish line is 4.67m.
3. START: GC - Black metal garbage can holder is 5.65m south of the nail on east side of path at the start/finish line. The garbage can is 0.6m OD and 0.9m HT.
4. TURNAROUND: GC – West edge of base of large brown garbage can (GC) on east side of path. The nail at TA point to nearest edge of base of garbage can is 7.99m.
5. TURNAROUND: BP – Concrete path to beach (BP) is west of TA and on west side of main path. The SW intersection corner is 3.33m to the nail at TA. The NW intersection corner is 5.66m to nail at TA.
6. TURNAROUND: LP – Black light pole (LP) is on east side of path between bench ad large brown garbage can. The nearest edge of concrete base for light pole is 7.43m to nail at TA.